

# Age Groups

## Determining Age Group:

(i) The age group is determined according to the age the player turns in that calendar year. That is, if a player turns 12 years of age on or between January 1st, and December 31st, they shall be graded as Under 12 for that season.

(ii) Players, who have played in an age group older than 18, or an open grade, are not eligible to play for any Club or team in the competition except with the written permission of the MC. The MC is to consult the QJRU and / or the QRU before giving permission

## Two Year Age Window:

Competitions involving any players aged less than 19 of age are restricted to a maximum age window of no greater than two calendar years. That is, if the player's age group is determined as Under 12, the player can also play at Under 13, but cannot play in an Under 14 or older age group.

## Minimum Age:

A player MUST turn five (5) years of age before playing in any match under the control of the Union. Four (4) year olds may be registered but cannot play until they have turned five (5) years of age.

## Playing In Younger Age Group:

No player is permitted to play in a team whose age group is younger than the player's determined age group. Note: No exceptions to this rule are permitted.